

COACH HEATHER

This Fall brings me into my sixth year working for Kidzone/ Shore Tumbling, formally known as Cheer Gym Kidzone. I started coaching for Lisa VanNess upon the return of my husband's yearlong deployment to Iraq. I may or may not have needed a few hours to my self-doing something I was passionate about to escape from my children after a long year. 😊 All joking aside, Kidzone / Shore Tumbling quickly became our home away from home, not only for me but my girls as well. The families and children that fill our gym past and present is what keeps my motivation and passion running strong. I am the gym manager/ tumbling director of this awesome tumbling program and it has been a blast!

I reside here in Manahawkin with my husband and my two girls, Emma (8) and Kayla (10). I enjoy yoga, running, and anything that involves nature. I was a gymnast for 12 years and am an USASF Certified Tumbling Instructor for Levels 1-5. I truly enjoy working with children of all ages and levels. I strongly believe in positive reinforcement and am constantly seeking to encourage each and every one of my students. My passion for tumbling, patience, and strong focus on technique helps my students quickly progress and achieve all their goals resulting in strong mindful tumblers!

Thank you for sharing your child with me and giving me the chance to help shape our future. The drive and motivation I see in the children of this gym is truly amazing. I am looking forward to another great year of tumbling.



Sincerely, Heather Riley