

CLASS	AGES	MONDAY	TUESDAY	WED.	THURS	FRIDAY	SAT	SUN
Open Play \$12 No Free Trials	1-5					10-12		
Parent & Me	Under 3			10-11				
Tiny Tumblers	3-4	5-5:45	5:30-6:15	4:30-5:15			11-11:45	
Jr. Prep Tumble/Level 1	5+	5:45	4:30 7:15		5-6		9-10 10-11	
Advance JR Prep Walkovers, Handsprings	10 Or under		6:15	5:15				
Level 2 Walkovers, Hand- springs	6+			6:15	6-7			
Level 3/4 Tucks/Twists	6+			7:15				
Ninja Kids	4.5-12				7-8			

How to determine which class to sign up for:

Tiny Tumble: This class is our beginner class for ages 3 & 4 years.

JR Prep and Level 1 are run at the same times. This is the beginner class for all students who have not mastered a backbend or bridge kickover. Student will be working on rolls, bridges, cartwheels, handstands and kickovers. JR Prep is a younger age bracket and students will be grouped accordingly throughout the structure of the class.

Level 2 & Adv. Jr Prep This class is for students who can do an unassisted backbend and bridge kickover. They will work on mastering/perfecting walkovers and mastering handsprings. Adv. Jr Prep teaches the same skills but is geared towards students 10 & under.

Level 3: This class is for students who can do an unassisted standing back handspring. They will work on mastering running and connecting handsprings & tucks.

Ninja Kidz: Please see the Ninja Kidz page of the website for a description of this high-energy, maneuver & obstacle based class.