

Starts 9/8/26

CLASS	AGES	MONDAY	TUESDAY	WED.	THURS	FRIDAY	SAT
Parent & Me	Under 3			10-11	10-11		
Tiny Tumblers	3-4	4:45-5:30	5:30-6:15		5-5:45		11-11:45
Jr. Prep Tumble/Level 1	5+	5:30-6:30	4:30-5:30		5:45-6:45		9-10
Cartwheels Plus/Level 1	8+				6:45-7:45		10-11
Adv. Jr Prep Level 2	Coach		6:15-7:15	4:30-5:30			
Walkovers, Handsprings	Evaluation			5:30-6:30			
Level 2 Walkovers, Handsprings	Coach Eval		7:15-8:15	6:30-7:30			
Level 3/4 Tucks/Twists	Coach Eval			7:30-8:30			
Ninja Kids	4.5-12	6:30-7:30					
Open Play \$12 No Free Trials	1-5					10-12	

How to determine which class to sign up for:

Tiny Tumblers: This class is our beginner class for ages 3 & 4 years.

Mini Tumblers: Student will be working on rolls, bridges, cartwheels, handstands and kickovers. Ideal class for kids just turning 5 or moving up from our Tiny Tumble Class.

JR Prep and Level 1 are run at the same times. This is the beginner class for all students who have not mastered a backbend or bridge kickover. Student will be working on rolls, bridges, cartwheels, handstands and kickovers. JR Prep is a younger age bracket and students will be grouped accordingly throughout the structure of the class.

Cartwheels Plus For “older” beginners who may have some tumbling experience (not required). Working Level 1 skills (see above class).

Level 2 & Adv. Jr Prep This class is for students who can do an unassisted backbend and bridge kickover. They will work on mastering/perfecting walkovers and mastering handsprings. Adv. Jr Prep teaches the same skills but is geared towards students 10 & under.

Level 3: This class is for students who can do unassisted multiple standing back handsprings. They will work on mastering running and connecting handsprings & tucks.

Ninja Kidz: Action-packed class that combines agility, strength, & balance training with fun obstacle courses & ninja-style challenges.